What is claimed is:

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1. An interlabial pad being formed into a substantially elongated shape having a longitudinal direction and a lateral direction and being provided with a size, weight and flexibility such that the pad is pinched and held partially or totally in between the labia without forcing,

wherein said interlabial pad is provided with a body side face orientated to a body side and an opposite side face to the body side orientated to a garment side; -

wherein said interlabial pad comprises a mini sheet piece striding from one portion to another portion at each side edge of both side edges taking the longitudinal direction of the interlabial pad as a central axis, and a finger insertion opening formed between the mini sheet piece and said opposite side face to the body side, for directly securing the opening of the fingerbreadth of a wearer;

wherein said mini sheet piece is disposed in a way to cover at least a portion (finger application point) of said opposite side face to the body side corresponding to an area (application point) of said surface side sheet applied to a predetermined position between the labia of the wearer; and

wherein said finger insertion opening serves for guiding a fingertip of the wearer to the application point.

- 2. The interlabial pad of claim 1, wherein said mini sheet piece is disposed nearer to one end in said longitudinal direction of said interlabial pad.
 - 3. The interlabial pad of claim 1 or 2, wherein said mini sheet piece

is disposed on said opposite side face to the body side of said interlabial pad in a way to form a pocket shape finger insertion space.

- 4. The interlabial pad of claim 1 or 2, wherein at least a part of said mini sheet piece is stretchable or elastically extensible at least in respect to said lateral direction of said interlabial pad.
 - 5. The interlabial pad of claim 1 or 2, wherein said mini sheet piece has a bonding portion in a portion striding across said opposite side face to the body side.
 - 6. The interlabial pad of claim 1 or 2, said interlabial pad comprising:
 - a surface side sheet disposed on said body side face of the interlabial pad; and
 - a back side sheet disposed on said opposite side face to the body side,

wherein the surface side sheet and back side sheet are bonded to contain said absorbent body; and

wherein said mini sheet piece and said interlabial pad are bonded at a piece-bonding portion of each side of said both sides of said interlabial pad, the piece-bonding portion being other than a sheet-bonding portion at which said surface side sheet and said back side sheet are bonded.

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7. The interlabial pad of claim 1 or 2, wherein said mini sheet piece has a length dimension at least 10 % longer than that of said interlabial

pad in said longitudinal direction of said interlabial pad.

- 8. The interlabial pad of claim 1 or 2, wherein a depth distance from a finger insertion opening in the finger insertion direction is longer than a length from a fingertip to a second joint of an index or middle finger of an ordinary woman.
- 9. The interlabial pad of claim 1 or 2, wherein a total circumferential length of an inside of said finger insertion opening is between 30 mm to 120 mm.
 - 10. The interlabial pad of claim 1 or 2, wherein said opposite side face to the body side of said interlabial pad is provided with extremely fine concave and convex.

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11. The interlabial pad of claim 1 or 2, wherein an adhesive is applied to a portion of a skin contact surface defined as a portion in contact with a skin of the wearer when said interlabial pad is worn, the skin contact surface being defined on said opposite side face to the body side of said interlabial pad.

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12. The interlabial pad of claim 1 or 2, comprising an upheaval area on said body side face, the upheaval area protruding toward the body side at a central portion of the lateral direction of the body side face.

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13. The interlabial pad of claim 1 or 2, wherein said opposite side face to the body side of said interlabial pad is made of moisture

permeable material.

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- 14. The interlabial pad of claim 1 or 2, wherein said pad being composed of biodegradable material and/or water-soluble material and/or water dispersible material.
 - 15. The interlabial pad of claim 1 or 2, wherein said interlabial pad is an interlabial pad for incontinence.
- 16. The interlabial pad of claim 1 or 2, wherein said interlabial pad is an interlabial pad for absorbing vaginal discharge.
 - 17. An interlabial pad manufacturing method for manufacturing the interlabial pad of claim 5, comprising;
- setting longer a pair of wings ordinarily disposed at both side portions of a sanitary napkin; and

bonding said wings to form said mini sheet piece.